

SOLUTION FOCUSED WORKSHOPS

Tapping into the joys of teaching

Turning the corner

Tuesday, September 1, 2020, 7 pm to 8:15 am

As we move into the fall term, let's discuss your best hopes and what getting it right means to you. Through a guided exercise, reflect upon your most meaningful lessons from this time. Reaffirm the skills and resources you can draw upon to create an even better quality of life. Turn this next corner with greater ease.



Building rapport in face to face and virtual classrooms

Tuesday, October 6, 2020, 7 pm to 8:15 pm

As we spend more time meeting face to face and virtually, let's be sure to maintain and even strengthen the human connection between participants. Through this workshop, you will gain greater clarity into what participants notice when a class is going really well for everyone, and reaffirm the leadership skills and resources you can draw upon to create even better group dynamics.



Sparkling moments

Tuesday, November 3, 2020, 7 pm to 8:15 pm

Take a moment to contemplate some of your best moments of your work as a teacher. Through a guided exercise, discover the strengths and other positive qualities that these moments reveal about you. Discover how you might have more of these moments in the future.



REGISTRATION REQUIRED

larkcoaching.ca/yrdsb-workshops

Customized sessions for OPSEU members at York Regional District School Board, focusing on what participants really hope for in their work and personal lives.

- 75 minutes, online sessions via **zoom**
- you will need camera, microphone and speakers
- laptop/desktop suggested, mobile devices will work but the screen will be small.